

Pre-Match

- DO's**
- Check with your captain before matches for any protocols that may apply in the area and at facilities
 - Wear a mask while indoors, such as in the clubhouse or while using the restroom
 - Wash and/or sanitize hands before the match

- DON'Ts**
- Do not play if you have been exposed and are not up-to-date with your vaccinations
 - Do not play if you have traveled to a high-risk area and think you may have had an exposure
 - Do not play if you are developing any kind of symptoms, even if you are vaccinated
According to CDC guidelines, you should quarantine for at least 5 days after an exposure
If you develop symptoms within 10 days, you should get tested and isolate until you get results

During Match

- DO's**
- Use your own water bottles and any other personal equipment
 - Have hand sanitizer accessible
 - Change sides on opposite ends of the net
 - Keep 6-feet distance on changeovers and during play whenever possible
 - Offer an acknowledgement like a nod or a racquet tap instead of a handshake at the end of the match

- DON'Ts**
- Avoid sharing equipment
 - Avoid high fiving your doubles partner

Post Match

- DO's**
- Wear a mask when in an indoor space off the court
 - Wash and/or sanitize hands after the match
 - Remove your match balls and any other tennis gear from the court
 - Alert your captain if you test positive for COVID-19 within 10 days of match time

Captain's Guidelines

- DO's**
- Notify your team of any facility and local safety protocols that may apply for each match
 - Encourage players to socially distance while spectating
 - Alert your Area League Coordinator if you are notified that a teammate or opponent has tested positive for COVID-19
 - Confirm that players who have tested positive or have been in close contact with an exposure not be in the line-up until their isolation periods have been completed

USTA Southern California's COVID-19 guidelines are subject to change depending on the development of COVID-19.

Spectators and teammates may observe matches if done safely in accordance with facility protocols. Masking and social distancing are recommended.